

# Acupuncturist Offers Treatment For Symptoms of Alpha-Gal Syndrome



Leah Roark says this area of the Midwest is a hot spot for contracting AGS, which is an allergy to mammal products contracted through a Lone Star tick bite. Photo by Rodney Margison

by Elizabeth Ellis

For those with symptoms from Alpha-gal syndrome (AGS), relief is possible locally.

Leah Roark, owner of Nashville, Indiana-based Roots of Healing Acupuncture, recently introduced the Soliman Auricular Allergy Treatment (SAAT) to her practice for clients with symptoms of AGS—an allergy to mammal products contracted from a Lone Star tick bite.

“This area of the Midwest is a real hot spot for contracting AGS,” says Roark. “I was able to obtain my certification directly from SAAT creator Dr. Nader Soliman at his center in Rockville, Maryland, in April 2024.”

About 20 years ago, Soliman determined different allergens in the body related to various points in the ear, similar to Chinese medicine reflexology practices that identify triggers in the body based on areas of the foot. Roark uses a combination of homeopathic tinctures and manual muscle testing to confirm the presence of the allergen. A special “point finder” utilizes the body’s natural electricity to confirm the precise point on the ear where Roark should place the hair-thin acupuncture needle.

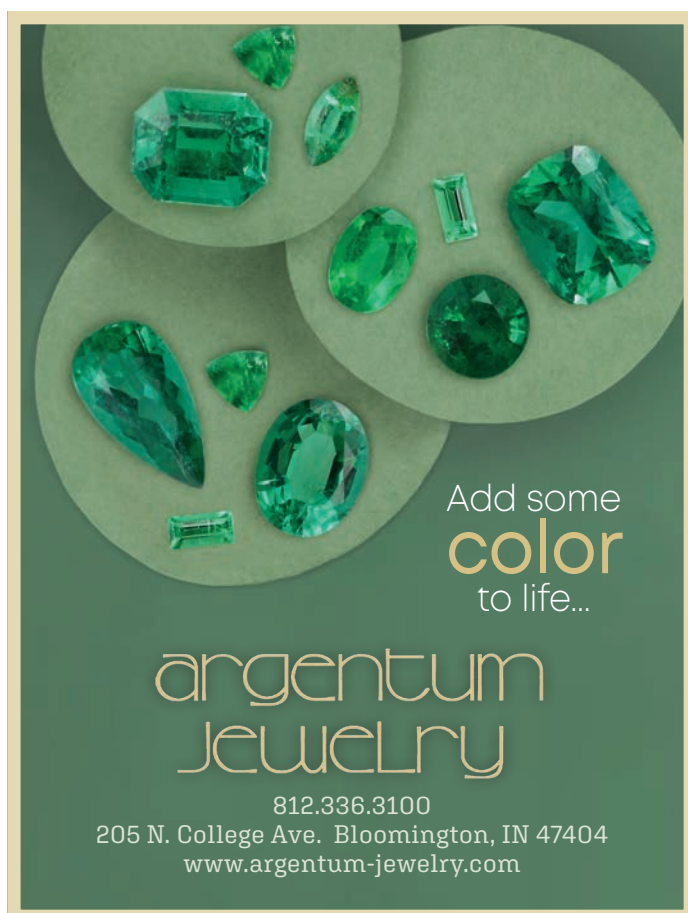
Since April 2024, Roark has treated 75 people with about an 80 percent success rate of patients being able to consume red meat comfortably again, and 10 percent reportedly having their symptoms lessened.

“I treated a lady who was fume reactive—she couldn’t even go into a restaurant cooking mammal products, and if she consumed any she would go into anaphylactic shock,” says Roark. “I would never suggest she try to eat meat again, but after the SAAT treatment she is no longer reacting to the fumes.”

Roark’s career began when a local acupuncture treatment significantly helped a knee injury she sustained as an undergraduate at Indiana University. After obtaining her acupuncture license in Sarasota, Florida, she opened her business in September 2010 and welcomed her daughter that December. Roark’s passion and drive has paid off—Roots of Healing will celebrate 15 years in business in September.

“I love when people tell me their health issue has gone away, or they feel so much better mentally, physically, or spiritually,” says Roark. “They say when you find something you love you don’t work a day in your life, and I have always felt that way with my work.”

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